



Office of the  
Advocate for Children  
and Young People  
**acyp.**

**YOUTH** REBUILDING  
YOUNG LIVES  
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**REACH**

## ALL FOUR, FOR YOU

In a number of consultations that the Office of the Advocate for Children and Young People has conducted since 2015, peer-to-peer support, training and courses have been raised as a recommendation for helping children and young people deal with a number of matters. This has included; mental health, bullying, leadership and advocacy. They also want tools and resources to be better able to support their peers. In the consultation report with socially excluded children and young people, participants talked about “how to support a friend” with mental health concerns. They also talk at length about life skills being incorporated as part of their formal and informal learning and training.

More recently, in consultations with children and young people around the impact of disaster, children and young people recommended “support for youth led programs...that encourage peer to peer support and training for children and young people” and that “mental health and youth services provided children and young people with mental health training such as mental health first aid...to support their friends and family, and others through disaster events.”

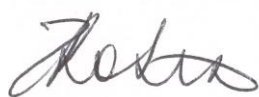
The four organisations who are signatories to this letter, together with the NSW Office of the Advocate of Children and Young people, are all focussed on and committed to supporting children and young people to thrive. We want to do this work together, in partnership, for the benefit of all children and young people. To do so, we are starting by forming the FOUR YOU Alliance.

All our organisations are focussed on peer to peer training, supports and work directly with children and young people across Australia, and of course here in New South Wales.

We recognise that children and young people need varying levels of support and a variety of services, and for some it is to respond to an immediate, short term need and for others it is a longer journey. We want to create a positive conversation about this, we want to empower children and young people to choose the services and supports that they need and we will continue to work with government and community to deliver this work.

We are excited to be able to come together to support and promote the needs of all children and young people in NSW. We are going to work together to combine our resources, our efforts, our focus and our work to continue to serve children and young people in schools, in community and online.

We wanted you to know that we are here FOR YOU. To support you and provide services that you need and want. We will work with you, your schools, your communities and leaders to provide access to our programs, personnel and resources. We are proud of this Alliance and proud of the work we do, but more importantly we are proud that our work is led by children and young people and is focused on benefiting and supporting all children and young people. This is the commitment we make to you now, and moving forward. We hope you will keep us committed and accountable for that mission and most importantly, will partner with us in this important work.



Zoe Robinson  
Acting Advocate for Children  
and Young People



Office of the  
Advocate for Children  
and Young People

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Stephen Lewis  
CEO Youth InSearch

YOUTH REBUILDING  
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Rosie Thomas  
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