

BIGGEST RECESS

26 October 2018



TAKING A BREAK ISN'T JUST CHILD'S PLAY

HEALTHY BEHAVIOURS START WITH YOU!

It is everyone's responsibility to ensure that the children grow up healthy and well, so they can live full and active lives through a balance of exercise and healthy eating. We all play a part in influencing the behaviour and habits of the children in our lives. Find out how you can be a role model for children and young people through participating in the Biggest Recess.

VISIT THE WEBSITE TO FIND

OUT MORE AND REGISTER

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www.biggestrecess.nsw.gov.au

